

## **Caring For Your Temporary Crown or Bridge**

Here are a few simple ideas to promote healing, prevent complications and make you more comfortable after your teeth have been prepared for crowns.

### **Discomfort**

After the tooth has been prepared, you may experience some minor discomfort and sensitivity. You can help reduce this by taking Ibuprofen (For example: Advil, Motrin, Aleve) and rinsing with warm salt water solution four times a day. (One teaspoon of salt in an 8 ounce glass of water)

### **Cleaning**

Do not floss the temporary crown or filling as you may dislodge it. When brushing, be extra gentle in that area. If you feel there may be cement lodged in or around the gum tissue or if the tissue around the tooth continues to be sensitive after three or four days, please call our office.

### **Loose Temporary Crowns or Bridges**

Temporary restorations occasionally come loose as they are meant to be easily removed when the doctor places the permanent restoration. Please avoid sticky foods when wearing temporary restorations. Please call our office for the short appointment required to replace any loose temporary. If you are out of town, a dab of tooth paste in the crown will hold it in place until it can be re-cemented.

### **Temporary Bridges Associated With Extractions**

If you had a tooth extracted and a temporary bridge is placed, your tissue must heal before we can make your permanent bridge. Your second appointment will be to examine the healing tissues and take an impression. A third appointment will be required to cement the permanent bridge.